## Signs of Suicide Parent training



Trainings will be conducted by Rachel Levy, MPH, Suicide Prevention Specialist at Jewish Family and Children's Services

> Join us on Zoom on May 20 @ 12:00pm Or May 19 @ 7:00pm

To register please follow this link: <u>https://forms.gle/</u> <u>MuGZMYKex3qM1bHN7</u>

> or for more info contact Rachel at rlevy@jfcsphilly.org Or 443-465-2051

In this training, parents/ guardians will learn:

- How to identify warning signs for suicide
- Youth suicide prevention basics
- About the Signs of Suicide (SOS) program
- ACT message (Acknowledge, Care, Tell)
- Tips to encourage teens to talk

